



St. Matthew's Cathedral eNews

Christ + Compassion + Community

From the Dean

Looking Back and Looking Forward

For most people the New Year is a time for reflection. Although it is awfully easy for us to forget our New Year's resolutions by January 15th, self-reflection can help us to become more the person God desires for us to be. Here are some questions to reflect on that might allow you to make some "mid-course corrections" in your life.

What have been the most significant events in your life in the past year? Just pick three. Take some time this next week and list those significant events. Ask yourself the following questions:

- How have these events changed my life?
- What have I learned from them?
- What mistakes do I not want to repeat?
- Was there a "road less traveled . . . that has made all the difference"?
- What detours have you made that at the time you thought were wrong, but in retrospect you now see God's hand at work?

Now, look ahead to the year 2015:

- What new opportunities lie ahead of me?
- What do I want to accomplish in this new year?
- Is there a relationship that I need to work on?
- What two things can I do, if I do them well, I know God will say to me, "Well done, good and faithful servant"?

