

First Sunday after Pentecost: Trinity Sunday

[Isaiah 6:1-8](#)

[Psalm 29 or Canticle 2 or 13](#)

[Romans 8:12-17](#)

[John 3:1-17](#)

#### Collect of the Day

Almighty and everlasting God, you have given to us your servants grace, by the confession of a true faith, to acknowledge the glory of the eternal Trinity, and in the power of your divine Majesty to worship the Unity: Keep us steadfast in this faith and worship, and bring us at last to see you in your one and eternal glory, O Father; who with the Son and the Holy Spirit live and reign, one God, for ever and ever. *Amen.*



## St. Matthew's Cathedral eNews

Christ + Compassion + Community

*From the Dean*

### The Trinity: It's not *What* You Know; It's *Who* You Know that Counts

**Often when I think of Trinity Sunday** a conversation between my brother Marty and me comes to mind. It was one of those late night conversations that young brothers have after the lights have been turned off. We were talking about God, and I was quizzing him on what he knew. The clincher came when I asked him if he knew what the Trinity was. He said, "Sure, it's a river that runs through Dallas. We cross over it every time we go to our grandparents' house." Inwardly I was proud that I knew something he did not.

At the heart of my conversation was pride—my pride. I was more concerned that Marty know information about God than that he know God as a loving heavenly Father, as Savior, as Comforter. In my prideful smugness of my knowledge about God, I demonstrated that I knew *about* God, but I did not really *know* him. I had him in my head; I needed him in my heart. I was about eighteen inches off.

I am thankful that God does not test us on our theology. He does not love us any less if our theology is faulty or uninformed. Sometimes I think the doctrine of the Trinity is really fairly simple, and at other times I know that I really can't fully comprehend it. Thankfully, I don't have to understand it with my mind in order to know God's love and be in relationship with him.

The old saying is really true: "It's not what you know; it's who you know that counts." Can you say you *know* him? Do you experience God as your loving Father? Do you know Jesus as your Savior? Do you know the Holy Spirit as your Sanctifier, Teacher, Comforter, and Guide? It's much more important to know the person of the Trinity than it is to understand the doctrine of the Trinity.